

Socio-cultural Factors and Mental Health in India



Research
EPW Radio

Socio-cultural factors and Mental Health in India



SUDARSHAN KOTTAI

The graphic features a dark blue background with the Research Radio EPW logo at the top. Below the logo is the title 'Socio-cultural factors and Mental Health in India' in white text. A circular portrait of a man (Sudarshan Kottai) with a white cat is centered below the title. At the bottom of the graphic is a decorative bar with vertical red lines of varying heights.

On this World Mental Health Day we bring you a conversation with Sudarshan Kottai on Mental Health in India and it's entanglements with socio-cultural factors both in the provision of mental healthcare as well as within the institutions of mental health themselves.

On this World Mental Health Day we bring you a conversation with Sudarshan Kottai on Mental Health in India and it's entanglements with socio-cultural factors both in the provision of mental healthcare as well as within the institutions of mental health themselves.

Sudarshan Kottai teaches at the Jindal School of Psychology and Counselling, OP Jindal Global University, Sonipat and has published several articles in EPW including, "[How Kerala's Poor Tribals Are Being Branded As 'Mentally Ill'](#)", "[Migrant Workers and the Politics of Mental Health](#)", "[A Mental Health Epidemic?: Critical Questions on the National Mental Health Survey](#)", and "[Social Sensitivity of Mental Health Systems](#)".

Subscribe to Research Radio to stay tuned to our entire season. Do listen to our previous episodes if you have not already.

Economic & Political WEEKLY

ISSN (Online) - 2349-8846

LISTEN ON  Spotify®

Listen on  Google Podcasts

Listen on  Apple Podcasts

Listen on  Castbox

Listen on  JioSaavn

Listen on  YouTube

 **engage** 